

Advices to the Daughters of the Ummah

Islam is the only religion which has given a **very high and honorable** status to woman and set her rights and duties according to her personality. Islam gave woman that **dignity** which no other ideology or faith has ever given.

Allah has blessed women with unique qualities like **affection, tenderness, emotions and grace**. From a small flower-like daughter, a pious sister, a loving wife, a merciful mother, to a distinguished grand-mother (a fountain of love, mercy and purity) - women have a great contribution to human society.

This life is a one-time opportunity to achieve everlasting happiness in the life hereafter. **Allah Almighty** is showering countless blessings upon us everyday. Every moment has a great potential to achieve high-ranks in the court of our Creator. Every minute is like a gold coin. The heart and the tongue are gifts from Allah to earn millions of rewards (Hasanaat) for the Akhirah.

This life is all about controlling desires and protecting from the traps of Nafs (self) and Shaytaan. This is a temporary life where desires and feelings may not be fulfilled completely - the place for enjoyment and desires is Jannah. Paradise is a reality – with rivers of milk and honey, palaces of gold and silver, delicious food and fruits, beautiful companions, always happy, always young, always healthy – a great kingdom for ever and ever for an unending enjoyment and bliss.

Protect yourself and family from the traps of Shaytaan, Nafs and bad environment, which excites a person to:

? **Eat** whatever you like, making it difficult to avoid Haram and doubtful things!

? **Dress** as you like, making it difficult to observe Hijab, piety, protection of eyes on the street!

? **Meet** and mix with whomever you like, forgot about good and bad, Mahram and non-Mahram!

Shaytaan has promised to attack from all 4-directions – front, back, left and right!

Living in this environment is like walking on **shells** – like passing through a jungle filled with **thorny bushes** on both sides, **slippery** path, hidden **holes** on the ground, blind-shielded by curtains of **ignorance and desires**, being chased by the **fitnah** and **peer pressure** – a believer with **Taq'wa** would walk by protecting from all sides, every step with fear of Allah, with advice from the pious elders!.

3-Stages to use the tongue:

1. Qur'an, Taleem, Prayers, Zikr, Da'wah ----- are like **gold** and **diamonds**
2. Unnecessary talks and debates ----- are like **dust** and **stones**
3. Telling lies, backbiting, slandering etc. ----- are like **fire**

The life is too short to spend time in arguments and quarrel – which are waste of time, energy and resources. The life is too short to spend time in criticizing others, thinking badly about others – trying to edit other's book of deeds while we will need to clean up our own book of deeds.

We must not have diseases like ~~jealousy, malice, greed, pride, arrogance, show-off~~ in our heart

Three-dimensions to invest in the Hereafter

- **Today** is the day for action – Da’wah, learning, community service, worship -Turn your time into gold and earn great rewards (good deeds for hereafter) in a few minutes.
- **Past** – clean up by Tau’bah;
- **Future** – invest by making good intentions;

Muslim sisters may seek advices from an **Alimah** or **Shaykh**, complete **Tau’bah** from past mistakes, follow a daily and weekly schedule of **Qur’an, Zikr, Taleem** at home and spiritual studies, and pursue a program for **character building, community service** and **Da’wah**. The program involves attending **lectures**, studying from **books of virtues**, reaching out to **diverse community** of sisters to remind them about the **purpose of life**, studying **role models in human history** - stories of the **Prophets**, their companions and pious believers, **simple** and **humble** life-style, **Sunnah** manners and etiquettes of Islamic living.

The overall **objectives** include how to **increase faith, reliance on Almighty Allah, motivation** for **good deeds, trustworthiness** and **mutual respect** in daily life, **love** and **care** for **humanity**, compassion and **mercy** for young and old in family and community, sense of **accountability** in deeds and words, **spirit of sacrifice** for fellow human beings, **sincerity** and **purification of heart** (cure for arrogance, jealousy, greed, malice and show-off), deep **devotion** in Salah and Zikr, **time management** and avoiding irrelevant and useless tasks to become **more productive** in daily life, sharing a message of **peace and obedience** to Almighty Allah and His Messenger (peace be upon him), becoming an **ideal-human being** following the ways and manners of the **Prophet** (peace be upon him), developing a **concern** how every human being can achieve **success in this life and Hereafter**.

Du’a is the essence of worship, the light of the heavens and the earth. It opens the doors of mercy and is a means to fulfill our needs from the treasures of our Creator and Sustainer.

Recommended readings

Purpose of Life

http://www.islameasy.org/pdf/Purpose_of_Life_flyer.pdf

Muslim Daily Life

<http://www.islameasy.org/MuslimDailyLife.php>

A gift for the Daughters of the Ummah – (topics on **Purity and Tahara**, for every Muslim sister)

http://www.islameasy.org/pdf/Tuhfatul_Banaat.pdf

Status of Woman in Islam

http://www.islameasy.org/K225_WomenInIslam.php

Seeking Forgiveness

http://islameasy.org/Taubah_Benefits.php

Cure for depression

http://islameasy.org/Cure_Depression.php

Why is Hijab necessary?

<http://islameasy.org/hijab.php>